

A BREATH *of* HOPE

L U N G F O U N D A T I O N



Ricky Rubio of the MN

Timberwolves recently [announced](#) his partnership with A Breath of Hope Lung Foundation to create the [Tona Vives Lung Cancer Awareness Fund](#) in loving memory of his mother.

Tona Vives was a nonsmoker and her diagnosis came as a shock to her friends and family. Tona was just 56 years old when she lost her battle last May. Despite his sorrow, Ricky wants to support families, help raise awareness about lung cancer and increase the dollars invested in lung cancer research.

"I want you all to know that you are not alone and neither are your families," Rubio said. [Read Ricky's tribute](#) to his mother.

Ricky's first commitment is to raise \$150,000 to fund the 2017 *Tona Vives Lung Cancer Research Award* to be announced nationally this fall by A Breath of Hope Lung Foundation. [Donate to Ricky's Research Fund](#).

A Breath of Hope is building community for grieving families.

Grief is a normal response to loss. Grieving is important because it allows us to free up energy that is tied to the lost person. Until we grieve effectively, we will find it difficult to invest energy in other parts of our lives.

Grieving is not forgetting. Healthy grieving results in being able to remember our loved ones with a sense of peace and warmth, rather than debilitating pain.

As we mourn, a caring community of people who understand our grief and pain can help us heal. The [A Breath of Hope Men's](#) and [Women's Groups](#) offer a safe place to grieve. Coming soon - the A Breath of Hope Adult Children's Group, for those who have lost a parent to lung cancer.



A Breath of Hope Awareness Events

We had a blast at the 5th Annual **Women's Wellness Tea** and a surprise appearance by *Senator Amy Klobuchar* provided a wonderful opportunity for our patients to be heard and our mission to advance!

210 women filled the Metropolitan Ballroom with food and mimosas flowing, *Carly Aplin Zucker* knocked it out of the ballpark as emcee, and our lovely lung cancer survivors (pictured here) walked across that fashion show runway like pros! [View Tea pictures](#)

Upcoming Events:

A Breath of Hope Golf Classic - June 9 - [learn more](#)

A Breath of Hope Lung Run/Walk Twin Cities - Aug. 12 - [learn more](#)

A Breath of Hope Lung Run/Walk Duluth - Sept. 23 - [learn more](#)

A Breath of Hope Stage 1 Gala - Nov. 5 - [learn more](#)

[Donate to Rubio Campaign](#)

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