



A Breath of Hope Lung Foundation

Season's Greetings from **A Breath of Hope Lung Foundation!**



As the holidays approach, we know that many of our wonderful supporters are feeling sadness and loneliness, rather than joy and anticipation. United by the mission of beating lung cancer, we are all sensitive to the pain and fear that accompanies lung cancer diagnoses. Wherever you are in your journey with this terrible disease, know that we wish you comfort and peace.

To quote George Washington Carver, "*Where there is no vision, there is no hope.*"

A Breath of Hope Lung Foundation has recently finished a round of successful strategic planning. With the help of the local oncology community, we identified and created meaningful new programming to support our vision of beating lung cancer and saving lives through awareness, patient support and research.

Lung cancer and our organization have had some excellent media attention of late. If you haven't seen it, Channel 5 Eyewitness News interviewed our executive director, Nancy Torrison and board member/survivor, Gary Brausen. [View here](#)



The *Shine a Light on Lung Cancer* vigils were beautiful this fall. ABOHLF supporters were interviewed at our partner, **superDimension's** vigil in Plymouth and did a fine job! [View here](#)

A published letter to the editor from our executive director and other recent articles by the Mpls Star and Tribune suggests new interest in lung cancer by major newspapers. [Read](#)



Please join us!

The Circle of Light program allows serious donors the opportunity to become more deeply involved in A Breath of Hope Lung Foundation's mission to beat lung cancer.

Note regarding charter members:* By donating \$500 or more in both 2013 and 2014, you or your family will be listed as **Charter Members in our materials for the rest of our history. It's not too late to get that 2013 donation in! This is the only chance to become a charter member.

A Breath of Hope will accept online donations toward charter membership until Dec. 31 and mailed checks dated for December 2013 until January 5, 2014. Mailing address below.

Benefits of joining A Circle of Light - members will:

- Be invited to a special donor event on Lake Minnetonka this summer
- Be offered the chance to meet one of our 2013 Research Fellows
- Have the opportunity to advise the board on certain programming questions
- Be listed as a 2014 *Twin Cities Lung/Run Walk Sponsor* in promotional materials and receive benefits according to giving level

**For more information about this program, please call Nancy at 952-456-2463.

Save the Dates!

A Women's Wellness Tea, March 1
presented by Allina Health and
Minnesota Oncology

- **Time/place:** 2-4pm at The Marsh

[letter here](#)

Thank you to the thousands of individuals who donated their time, talent and treasure throughout the year - it is deeply appreciated and fills us with hope for the future. We look forward to partnering with you in 2014!

From our board president, Andrew Gilbert:

It was a privilege to be elected by my fellow directors to the position of Board Chair for A Breath of Hope Lung Foundation earlier this year. I could not be more excited about the opportunity!

In 2013 the leadership of the organization began very thoughtful discussions about the direction of the organization as we transitioned from a volunteer led operation to one with dedicated staff. The approach we decided on builds on the success of past races with new events, while creating more opportunities for growth through programming and a new method for funding innovative lung cancer researchers. I believe this balanced approach has positioned ABOHLF to become even stronger moving into a new year.

I am truly honored to be working with such a wonderful group of individuals and am excited to see what 2014 has in store.

Happy New Year!

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in Minnetonka

- **Theme:** *Mind, Body and Balance*
- **Silent Auction:** Bags & Bling - fabulous handbags and jewelry
- **Speakers:** On finding balance through activity and attitude

A Breath of Hope Golf Classic, June 13

- **Time/place:** Noon-7pm at Deer Run Golf Course in Victoria
- **Includes:** Lunch, 18 Holes of golf with prizes, happy hour and a steak dinner
- **Silent Auction:** R & R - Rest and Relaxation

The Eighth Annual Twin Cities Lung Run/Walk , August 16

- Featuring a 5K walk and run, kids run, survivor bus rides and survivor picture
- Live music
- Lung cancer updates from leading oncologists
- **New this year!** Support groups for patients, survivors and family members post-race on the grassy banks of Lake Calhoun

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P.O. Box 387, Wayzata, MN 55391

Phone: 952-456-2463

E-Mail: info@abreathofhope.org

A Breath of Hope Lung Foundation is a proud member of the Charities Review Council

