Women & Lung Cancer

Lung cancer cases among nonsmoking and smoking women have been on the rise since the 1930's and most recently, healthcare systems have become concerned about the growing caseload they are seeing in younger women. Twenty percent or more of new lung cancer diagnoses happen to women who have never smoked.

As we all know, lung cancer research is less funded than other cancers that don't carry the smoking stigma, a silly phenomena since smoking is a cause of ALL cancers. Silly and unfair, really. Society has laid blame on one disease and the people who get it. As a result, awareness about lung cancer hasn't improved much and the death toll remains high.

Women's Wellness Tea - Pearls of Wisdom

A Breath of Hope, in partnership with the Virginia Piper Cancer Institute and Allina Health, is hosting the 4th Annual Women's Wellness Tea Saturday, March 5th, 2-4:30 p.m. at the beautiful Calhoun Mansion in Minneapolis. The cost is $40 and scholarships are available on a first come, first served basis.

This year’s theme is Pearls of Wisdom for Healthy, Happy Lives with a focus on educating ourselves to attain better health outcomes over the course of our lives. Breakfast sessions include: Genetics: Understanding the Two Leaves of your Family History; Nutrition: All Calories Are NOT Created Equal, Healing: Staying Healthy through Loss and Transition; and Wellness: Becoming Your Best Self.

Laughter Yoga, a beautiful light lunch, and the distinguished Bags, Bling and Beauty Silent Auction and fun elements to a day that you won't want to miss! Don’t forget your spring hat to compete in the Best Hat Contest and don’t wait too long to register—we are limited to 250 seats and they are filling fast.

Why does A Breath of Hope Lung Foundation offer women’s wellness event each year? For the same reason we just released new U.S. research institutions a $550,000 research fellowship focused on the biology of women and lung cancer. The fact is, lung cancer kills more women than any other cancer, yet it is one of the least studied cancer research fields and one of the only cancers where patients are tarred and feathered responsible for their disease. Lung cancer kills twice as many women as breast cancer.

A Breath of Hope Women’s Group

The Women’s Group is a new program being offered at A Breath of Hope Lung Foundation. The first meeting is Feb. 11 from 7 - 8:30 p.m. Women who have lost their spouse or significant other to cancer are invited to participate in this professionally facilitated, topic-driven group. The topic for the first meeting is: Understanding and managing grief triggers – creating a plan for the emotional ambush. Our meeting leader is Kelly Grassel, LCSW, BCD, FAWC. If you plan to attend, please drop an email to Maria at mrosa@breathofhope.org. More information here.

Women’s Wellness Tea
Saturday, March 5, 2-4:30 p.m.
Calhoun Mansion
2115 Stearns Ave.
Minneapolis
Free Valet Parking; Doors open at 1:45 p.m.

Register to attend the Tea here - $40!

Learn about sponsoring a table or donating a seat at the Tea!

Feel free to call us if you prefer to pay by phone or read more information: 952-405-2463

DONATE!