



Why does A Breath of Hope Lung Foundation host a Tea each year?

Lung cancer kills more women than any other cancer, yet it is one of the least funded cancer research fields and one of the only cancers where patients are blamed and held responsible for their disease. Half of each year's diagnoses occur among women who don't smoke, yet EVERY woman feels the unfair stigma associated with lung cancer, a stigma that causes unnecessary additional pain for patients and their families.

Lung cancer kills nearly twice as many women as breast cancer each year in the U.S. Many of these deaths could have been avoided through awareness or screening.

Over 25,000 American women who have never smoked will be diagnosed with lung cancer this year.

In response to alarming statistics around a disease that has been signaled out for judgement and blame, *A Breath of Hope Lung Foundation* holds an annual Women's Wellness Tea to bring attention to the disease, support women who face this devastating disease, and offer general wellness and prevention messages that can benefit each of us, regardless of age or current health status.

A special thank you to **MN Oncology** and **Virginia Piper Cancer Institute**, part of Allina Health, for sponsoring this event.

COLOR ME WITH SERENITY

March 7th, 1:30-4:00pm at the MN Landscape Arboretum. \$40/person or \$300/table. Join us for:

Delightful Light Lunch

Excellent Speakers

- Dr. Purvi Gada, Minnesota Oncology. *Everyday Habits to Improve Wellness.*
- Mary Anderson, Yoga Studio. *Laughter Yoga.*

Fun Breakout Sessions

- Janelle Yule, Chanhassen Fitness Revolution: *Nutrient Seeker vs. Calorie Counter.*
- Sheila Bauer, Zany & Zen: *Relieve Stress. One Breath at a Time.*
- *Gardening with Herbs for Healthier Living.*

Fabulous Silent Auction - Bags, Bling & Beauty, featuring designer bags, jewelry and spa cards!

Fun Dress Code - *Sassy Spring* - *Hats Welcome!*

REGISTER FOR TEA

Feel free to call us if you prefer to pay by phone or have questions: 952-456-2463

Can't make it - want to DONATE!

A Breath of Hope Lung Foundation
P.O. Box 387
Wayzata, MN 55391
Office: 952-405-9201