

A Breath of Hope Lung Foundation Midwest Lung Cancer Summit
November 17, 2018 at the Minneapolis Airport Marriott
SUMMIT SCHEDULE AND FLOW

7:00 - 8:00am	<i>Pre-Conference Session Option</i> Essential Motion: Awakening Your Vibrant Body	Stacey Schultz, MS, MPH
8:00 - 8:30am	Registration & Breakfast	
8:30 - 9:00am	Welcome Remarks & Patient Speaker	Nancy Torrison ED; Doug von Oiste, Esq; Patient Speaker TBD
9:00 - 9:45am	Morning Plenary: Thinking to the Future- Lung Cancer Treatments & Surgery	Shanda Blackmon, MD
10:00 - 10:50am	BREAKOUT SESSION ONE:	
	Participating in Clinical Trials: A Lung Cancer Conundrum Explained	Shelly Engfer-Triebenbach, LC Survivor; Heidi Finnes, PharmD, BCOP; JoAnna Hill
	Navigating the Legal System: An Attorney on Your Cancer Care Team	Lindy Yokanovich, Esq
	The Healing Power of Foods: Immune Boosting & Ant-Inflamitory Choices	Bobbi Horner, LRD, CPT
	Schedule a Free Period	
11:00-11:50am	BREAKOUT SESSION TWO:	
	The Christian Response to Suffering	Mark Solfelt, MD; Tom Steward & Gary Brausen, LC Survivors
	Navigating the Legal System: An Attorney on Your Cancer Care Team	Lindy Yokanovich, Esq
	The Healing Power of Foods: Immune Boosting & Ant-Inflamitory Choices	Bobbi Horner, LRD, CPT
	Schedule a Free Period	
12:00 - 1:15pm	Lunch & Afternoon Plenary: Resilience and Hope for Survivors & Caregivers	Jeff Kendall, PsyD, LP
1:30 - 2:20pm	BREAKOUT SESSION THREE:	
	Grief & Loss: Beyond the Five Stages	Jeff Kendall, PsyD, LP
	Become an Advocate: Use Your Story to Generate Change	Ellie Beaver, MPH; Emily Myatt
	The Christian Response to Suffering	Mark Solfelt, MD; Tom Steward & Gary Brausen, LC Survivors
	Schedule a Free Period	
2:30 - 3:20pm	BREAKOUT SESSION FOUR:	
	Fitness & Laughter Yoga: Using Activity to Improve Health	Mary Margaret Anderson; Liat Goldman, MD
	Managing Pain & Side-Effects	Laura Hermann, MA, APRN, CNS; Sonia Karimi, MD
	Living with Lung Cancer: Self-Care & Stress Mangement	Nina Roberts Salverson, DM, MA
	Aromatherapy: Emotional Support through Essential Oils	Jodi Baglien, CA, CST
	Schedule a Free Period	
3:30 - 4:30pm	General Session: Ask the Experts, Questions and Answers	Jeff Kendall, PsyD, LP; Shirley Kern, APRN, CNS, AOCN; Manish Patel, OD; Mark Solfelt, MD; Julie Swedberg, LC Survivor
4:30 - 5:30pm	<i>Finding Hope Together</i> Networking Happy Hour (LOBBY)	